

Term 4, Week 7  
27<sup>th</sup> November 2018



# HUMULA PUBLIC SCHOOL

Phone: (02) 69289254

Email: [humula-p.school@det.nsw.edu.au](mailto:humula-p.school@det.nsw.edu.au)

Website: <https://humula-p.schools.nsw.gov.au>

Dear Parents and Community Members,

## WHATS ON AT HPS...

|                  |   |  |
|------------------|---|--|
| Monday-Friday    | 26 <sup>th</sup> -30 <sup>th</sup> November | Intensive Swimming Program-Cancelled                           |
| Wednesday        | 28 <sup>th</sup> November                   | Hot Lunch- Sausages and Coleslaw                               |
| Thursday         | 29 <sup>th</sup> November                   | Student Banking  |
| Monday-Wednesday | 3 <sup>rd</sup> - 5 <sup>th</sup> December  | REEC to visit to continue Science studies                      |
| Tuesday          | 4 <sup>th</sup> December                    | Kinder Transition  |
| Wednesday        | 5 <sup>th</sup> December                    | Hot Lunch- Fried Rice<br>Mobile Library<br>Mums Dinner Meeting |
| Thursday         | 6 <sup>th</sup> December                    | Directors Visit<br>Student Banking                             |
| Tuesday          | 11 <sup>th</sup> December                   | P&C Meeting-9am<br>Kinder Transition                           |
| Wednesday        | 12 <sup>th</sup> December                   | Community Tennis Day and Lunch                                 |
| Thursday-Friday  | 13 <sup>th</sup> -14 <sup>th</sup> December | Cabramurra Camp/Blueearth                                      |
| Monday           | 17 <sup>th</sup> December                   | ALPSS Principals Meeting                                       |
| Tuesday          | 18 <sup>th</sup> December                   | Kinder Transition  |
| Wednesday        | 19 <sup>th</sup> December                   | Last Day of term 4/ School Presentation<br>Mobile Library      |
| Thursday         | 20 <sup>th</sup> December                   | Staff Development Day- First Aid Training                      |
| Friday           | 21 <sup>st</sup> December                   | Staff Development Day  |

## OUR VISION

Humula Public School aims to provide a safe and varied learning environment that creates independent, confident and resilient individuals working towards academic success.

## PROUD AND DEADLY AWARDS



A huge congratulations to Isla Dent who was awarded a Proud and Deadly Award at the recent presentation day in Wagga. These awards recognise, celebrate, and award Aboriginal and Torres Strait Islander students' achievements through the school year in academics, art, music, leadership, recreation and contribution to the community. These awards build Aboriginal and Torres Strait Islander students pride, self-esteem and passion to encourage further achievement. Isla received her award for 'Dedication to Learning'.

## FRESH FOR KIDS



During term three Humula PS participated in the Fresh for Kids Canteen Campaign. The program, sponsored by Sydney Markets Limited, promotes healthy eating amongst school students. Ms O'Brien ran the program and gave out stickers and tokens during the campaign to children participated in fruit break and who ate healthily. All children received multiple tokens and many entered the competition. Betty-Rose Rowe was drawn out for third prize in the competition. Betty-Rose received a Faber Castell prize pack which was presented to her at morning assembly. Congratulations Betty-Rose and well done to everyone.

## SWIMMING SCHOOL



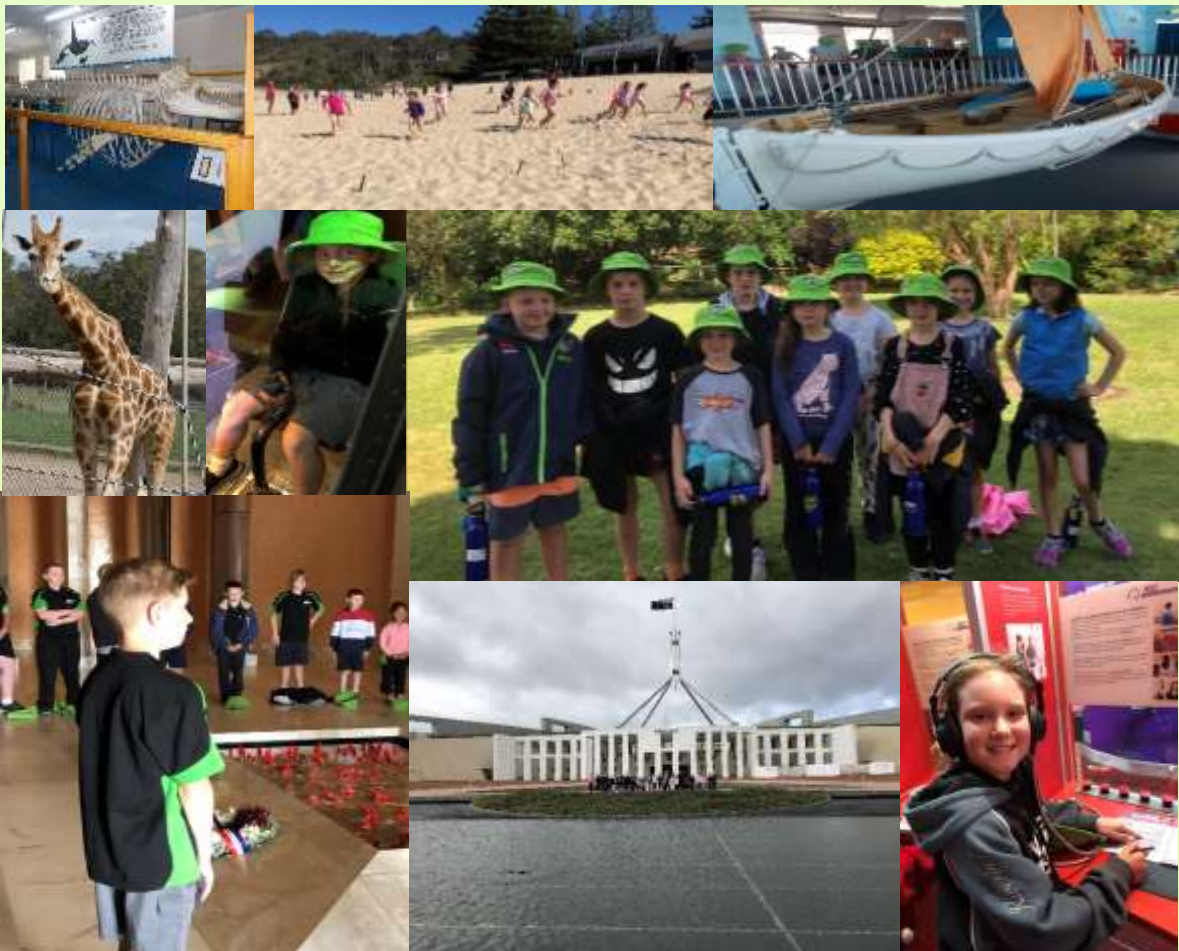
Unfortunately our swimming school has not had the start that we would like this week with Rosewood unable to attend on day one. Hopefully it will be warm enough tomorrow for us to start the program - fingers crossed - although the forecast for the week is not looking good!

We will make the decision daily as to whether we attend or not. If we do not get the full five days of swimming this term we will make it up in term one next year

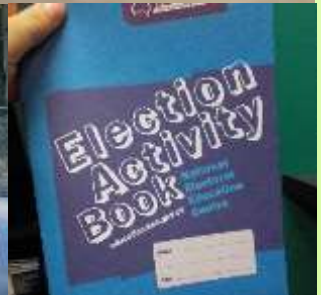
## COAST AND CANBERRA MAJOR EXCURSION

WOW! What a week we had! Our major senior excursion to the Sapphire Coast and Canberra was a huge success. The children were engaged and inquisitive for the whole week's activities. The knowledge they had from their studies at school provided them with an excellent background for the locations that we visited. Our coastal experience allowed us to visit museums, aquariums and zoos, as well as learn about surf safety and have a prelude into Little Nippers. One of the highlights of the trip was the school wreath laying at the War Memorial. Everybody was very sombre and respectful at this service, paying their respects in the tomb of the unknown soldier. Brayden recited 'The Ode' for the occasion, with his voice reverberating around the tomb. Other highlights were Parliament House, where we role-played the passing of a bill. Our debate was focussing on whether rainwater tanks should be compulsory for all homes. We also visited the National Capital Exhibition, Education Electoral Commission and Old Parliament House. Our final activity was a visit to CSIRO where the children worked in teams to collect information and answers to a multitude of questions.

As we visited many sites in Canberra which completed our studies on government and Australian history we are eligible for a PACER- Parliament and Civic Education Rebate. This will be used to offset the cost of the coach.







### COMMUNITY TENNIS DAY AND COMMUNITY LUNCH

Earlier in the year, we hosted a tennis day for the parents to come along and see what the children do during their tennis lessons. This was enjoyed by all and so we have decided to run another similar one this term to finish off our sports program. Everyone is invited to come along for a game of Redball Tennis (modified rules and equipment) and to join us for a community lunch. All we ask is that you bring your enthusiasm and a plate of food to share at the lunch.

Date - Wednesday 12 December

Time - 1:00 start for lunch 1:30 start for tennis

Bring a plate to share

### MUM'S DINNER MEETING

As it has become our custom, we will be holding a Mum's Dinner Meeting once again this year. The meeting will be held in Tumbarumba with the school providing the transport. All Mum's are invited to come along. Please see Janelle in the office to claim your seat.

### PRESENTATION EVENING

Please keep Wednesday 19 December free on your calendar. The date for our annual Presentation Evening has been set and we would like to invite all Humula Public School families, friends and community members to attend. Keep an eye out for more information as the time draws nearer.

### COMMUNITY CPR

Resuscitation refers to the actions taken to keep a casualty alive after their breathing and heartbeat has stopped. Resuscitation can mean the difference between life and death and early intervention with Cardio Pulmonary Resuscitation (CPR) can and will save lives. By taking the time to learn about resuscitation, you could save someone's life.

I will be running a Cardio Pulmonary Resuscitation (CPR) training day. I am hoping that we can begin the training at 3:30pm. Cost for the training will be \$30, which will include a certificate on successful completion. I am only running one day. If you are interested please contact the school as soon as possible with your preferred day so that we will know if this training can go ahead.

**Proposed dates- 27<sup>th</sup> or 28<sup>th</sup> November 2018**



## HUMULA PS IS ON FACEBOOK....



We have had some great feedback about our Facebook page.

Please like and follow our page.

[www.facebook.com/HumulaPS/](http://www.facebook.com/HumulaPS/)

You can go to the Facebook link on our website and it will take you straight to our page.

## HUMULA P&C



Tickets are available in the office-  
\$2 each or 3 for \$5

\*Tickets can also be purchased via bank transfer.

Please use your name and phone number as your reference to ensure tickets are written out correctly.

Account Name: Humula Parents & Citizens Association

BSB:062614 Account Number:00901101



## We are now taking enrolments for 2019!



The mobile library will be visiting our village next Wednesday. A reminder that all items borrowed will need to be returned, there is a Mobile Library tray on the bench outside the classroom for this purpose.

**Next visit: Wednesday 5<sup>th</sup> December**

### SCHOOL BANKING



Just a reminder that this weeks school banking day is THURSDAY. Our last student banking day will be Wednesday 19<sup>th</sup> December. Any Dollarmite tokens that are not redeemed this year can be used in 2019.

## “The Club Catch up”

Recently the club has held two lazy Sunday afternoons called “Sunday Snags”. We had a great crowd, a snag or two for a coin donation and it was great to see some of the newbies to Humula. We will continue to do this, as it was a great way to spend a Sunday afternoon, the children happily played, they were fed and hopefully slept well that evening.

Andrew, Stephen and Lawrie have all completed their RSA (Responsible Service of Alcohol) certificates, so now we have three volunteer bar staff to work behind the bar to keep the club open. In advance, we thank Andrew, Stephen and Lawrie for their volunteer hours and work. Brenda also updated her RSA

The painters are on their way – hopefully in early December the painters will give the exterior club a new lease of life. This will complete the work, which the CWA donation has enabled the club to do. We can't wait to see the end result – a fresh face for the club and lots of exterior maintenance done. What a difference this will make to the streetscape of Humula. Very flash !!!

**Community BBQ Night** Next Monday 3rd of December – we will be going back to our Community BBQ Nights. If you have not been to one of our community BBQ Nights this is how it works, the club organises the meat, two or three volunteers make the salads and everyone cooks the meat, we all wash up and put away. If you volunteer to do a salad, please keep your receipt for the ingredients and you will be reimbursed. Our community nights are when we all sit down like a family – just one big Humula family. Volunteers to make Salads – please call Nicole 69289234. Nicole will make one salad –so two more volunteers, please. Last Monday night meal will be 17/12/2018. The celebrity chefs have a January holiday and will be back on Monday 4th February. The club also has a quieter time in January, please contact Brenda, Michele or Nicole if you want or need club open.

**Membership Dinner** – Our Membership dinner will be held on **Friday 1st of February**

We hope you will be able to join us for dinner

Membership and Dinner cost \$15 per member.

It is a great night and brings the community together and helps the club reach that magic 100 members to stay open as a licenced club.

### **Merry Christmas Monday** **Dinner**

**Monday 17<sup>th</sup> Dec**

Join the Club Committee as  
they cook up a Christmas Feast.

It will be a two course

**“Touch of Christmas”**

Cost-\$15

We hope you can join in the  
Christmas celebration. RSVP

### **Annual Christmas Drinks**

**Friday 21<sup>st</sup> December**

**6 pm**

There will be a Big Club Draw, bar  
vouchers, dinner vouchers and Santa  
surprises. If you can't make Christmas  
dinner perhaps you can make it to drinks  
or vice versa or heaven forbid both.  
Please bring a plate of nibbles to share.

**The more the merrier,  
especially at Christmas,  
everyone is welcome!**

# Humula Progress Association

What's been happening in Humula ... Slowly and steadily the Committee along with interested community members have been seeing to the maintenance of the Soldier's Hall, the Golf Club, Rec grounds and the cricket shed. A working bee was held last Saturday and a good group of community members cleaned, scrubbed and cleared out gutters. The stairs in the hall have been repaired by Bill Plum, at no charge for his labour. We all extend our Thanks to Bill. It is the intention to keep all community buildings well maintained and in working order.

We have been fortunate to have two events held at the Rec Ground this year and hope that luck might bring more events our way. The Golf Club has been leased by Stephen Sykes and at our last meeting it was decided to move towards organising some community events.

Later in the year we plan to hold a Long Lunch in the Soldiers Hall – with perhaps some craft beer and cheese tasting.

We will let you know about more Humula Happenings as they are organised. We hope community members will be interested and join in.

Our memberships are due and at a cost of just \$3.00 per person, we hope that many people in the community will join and help us reinvigorate our small and unique community.

The Humula Progress Association  
Invites the  
Humula Community to  
CELEBRATE

## AUSTRALIA DAY BREAKFAST

Saturday 26<sup>th</sup> January 2019  
8AM

Free Breakfast for the first 100  
people

BYO Thongs for Aussie Thong throwing  
competition

Ideas and Helpers are most welcome  
Remember to put this down on your  
calendar

Enquiries Contact Judy Slack-Smith  
69289144

## Connect Me Counselling.

Sonia Rattey

Ph. 0413836087



Counselling- Individual, Group, Relationship,  
Parenting Programs- "Tuning into Kids"  
Professional Development Workshops  
for Educators, Carers, Teachers

### TUNING INTO KIDS

**Emotional Intelligence is a skill developed in childhood that influences all our interaction into adulthood, in all aspects of our life. Research is proving it's significance and the effects that undeveloped emotional competence has on relationships, education, life satisfaction and mental and physical health.**

**Come for morning tea and information on Emotional Intelligence and how we can give our children the best start towards success academically, professionally and in personal relationships.**

**This free morning for any community members interested in emotions and communication is on Friday 14th December, starting at 9.45 - 11.45 at the Humula Citizens and Sports Club. Send a text to let me know if you're interested for catering and if you have little ones that you'll be bringing so I can arrange for someone to keep them occupied while you're enjoying the event. Ph. 0413836087.**



# Understanding the NDIS

## What is the NDIS?

The National Disability Insurance Scheme (NDIS) is Australia's first national Scheme for people with disability.

It moves away from the previous system of providing block funding to agencies and community organisations, to direct funding for individuals.

There are around 4.3 million Australians who have a disability. When it is fully rolled out, the NDIS will provide about 460,000 Australians aged under 65, who have **permanent and significant disability** with funding for **supports and services**. For many people, it will be the first time they receive the disability support they need.

The NDIS can provide all people with disability with information and connections to services in their communities such as doctors, sporting clubs, support groups, libraries and schools, as well as information about what support is provided by each state and territory government.

## NDIS - What does it mean?

### N – National

The NDIS is being introduced progressively across all states and territories.

### D – Disability

The NDIS provides support to eligible people with intellectual, physical, sensory, cognitive and psychosocial disability. **Early intervention** supports can also be provided for eligible people with disability or children with developmental delay.

### I – Insurance

The NDIS gives all Australians peace of mind that if they, their child or loved one is born with or acquires a permanent and significant disability, they will get the support they need.

### S – Scheme

The NDIS is not a welfare system. The NDIS is designed to help people get the support they need so their skills and independence improve over time.

## NDIS KEY WORDS:

### Permanent and significant disability

A permanent disability means your disability is likely to be lifelong. A significant disability has a substantial impact on your ability to complete everyday activities.

### Supports and services

Assistance or products that help a person in their daily life and help them participate in the community and reach their goals.

### Early intervention

Providing support to a person, either a child or an adult, as early as possible to reduce the impacts of disability or developmental delay and to build their skills and independence.

## Accessing the NDIS

These examples show how individuals might be supported by the NDIS.

### HARRIET

Janine is concerned about the development of her four-year-old daughter Harriet. Janine uses the NDIS website to learn about Early Childhood Early Intervention (ECEI) for children aged 0-6 years, and she thinks Harriet might benefit.

Janine calls the NDIA to find out where to get help and is directed to her local ECEI Partner. She sets up a meeting with an ECEI Coordinator. The ECEI Coordinator identifies that Harriet does not need an NDIS plan, but would benefit from some early intervention supports. The ECEI Coordinator supports Janine with speech therapy strategies to use at home and at kindergarten to improve the development of Harriet's communication skills.

The team at the ECEI Partner also provide some therapy strategies the family can use at home to support Harriet's independence. After three months, Harriet's speech and overall development has improved and the family feel confident to continue to support her progress without needing more ECEI supports. Harriet is ready to start primary school the next year.

The ECEI Coordinator tells Janine to continue to monitor Harriet's progress and to get in touch if she has anything she'd like to discuss about Harriet's development in the future.

### DOM

Dom, 24, has a moderate intellectual disability. He lives with his parents and needs their help for things like cooking meals and transport, and they accompany him when he goes out. He would like to be more independent and get a part-time job one day.

Dom has never received disability support from his state government. Dom's family hear the NDIS has rolled out in their region. His dad calls the NDIA and makes an access request over the phone. Before a decision can be made, he is asked to provide additional evidence about Dom's disability.

Based on the evidence provided, Dom's access request is approved. He is referred to a Local Area Coordinator (LAC) in his area. Dom receives NDIS funding to help him buy supports and services to learn new things like cooking for himself, getting ready each morning, and to help him build his skills and confidence so he can catch the bus by himself. In the longer-term, Dom hopes to use his NDIS funding to help him get the right skills to get a part-time job in hospitality.

### JIM

Jim, 45, has an accident at home and sustains multiple injuries to his leg. He is admitted to hospital, has various surgeries and needs medication to manage his pain.

For the first few weeks after leaving hospital, Jim needs help changing dressings around the wounds. He also starts an intensive rehabilitation program.

The state health system is responsible for funding Jim's hospital care, surgeries, specialists, nurses and rehabilitation. Jim identifies that he isn't eligible for the NDIS as his injuries are not likely to be permanent.

Jim knows that if his needs change down the track that he might be eligible for the NDIS, for example if he finishes all his treatment and there is evidence that he has a permanent and significant disability, which means he needs help with day-to-day activities.

# COMMUNITY NOTICEBOARD



The Mobile Library visits Humula on alternate Wednesdays.  
The next visit will be on the  
**5<sup>th</sup> December 2018.**



## NSW Rural Fire Service RIVERINA ZONE

(Wagga, Junee, Lockhart and Coolamon LGA's)

Wishes to advise the

### **Bush Fire Danger Period begins**

**1<sup>st</sup> October 2018- 31<sup>st</sup> March 2019**

It is a legal requirement to have a Permit to burn between these dates. Persons using and maintaining fire legally must give written or oral notice 24hrs prior, to all adjoining landowners.

Riverina Fire Control Centre (02)69714500

### **REMINDER**

**Free recycling is available at the Humula Tip. Penalties apply for illegal burning.**

## **Next Newsletter:**

**11<sup>th</sup> December 2018**

**Please have articles to school by Monday 9am**

## **Sal's books & gifts**

Singing bus toy \$20

Silicone egg pods \$8

Wipe clean writing set \$15

Vegan recipe book \$12

Lights with remotes \$15

Pandora style watch bracelet \$12

Pet set belt \$5

Where's Wally book set of 5 \$15

The courage to be disliked book \$10

Mega drinking bottle \$10

Payment Opt: Cash, Cheque, Credit Card

**Delivery: Thursday 6<sup>th</sup> December**

**This will be the last delivery for Sal. She is retiring and unfortunately didn't sell her business for this to carry on in our schools and local business.**

Check the website for more deals!

Items are on display and order forms are available in the office.

### **POLICY STATEMENT**

Humula Public School Newsletter seeks to serve the interests of Humula and the surrounding community by publishing the communities' news and views, while supporting local sporting, educational, recreational and charitable groups through publication of information relevant to their organisation.

Excepting grammar and minor editing adjustments, articles in this newsletter are published as they were submitted. Sometimes articles will be condensed due to space constraints. The views and opinions expressed in this newsletter are not necessarily the views of the Principal or Staff of Humula Public School.

Contributions for the Newsletter are welcome from all community organisations. We endeavour to put out a Newsletter each fortnight so please send or fax items to the school by Monday of the Newsletter week and your item will be included. Advertisements for items for sale etc. are welcome for a donation towards the Student Council fundraising.