

Term 3, Week 7  
3rd September 2019



# HUMULA PUBLIC SCHOOL

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Dear Parents and Community Members

## What's on at HPS...

Monday	2nd September	No Little Kinder
Monday-Tuesday	2nd-3rd September	External Validation- Lynne
Wednesday	4th September	Hot Lunch Jr Jack Attacks-Bowls
Thursday	5th September	Student Banking Small School Network Meeting-Lynne
Monday	9th September	Little Kinder
Wednesday	11th September	Hot Lunch Mobile Library Student Banking Jr Jack Attack- Bowls
Thursday-Friday	12th-13th September	Khancoban Camp
Monday	16th September	Little Kinder
Wednesday	18th September	Hot Lunch Jr Jack Attack- Bowls
Thursday	19th September	P&C Meeting
Monday	23rd September	Little Kinder
Wednesday	25th September	Hot Lunch Mobile Library Jr Jack Attack- Bowls
Thursday	26th September	Student Banking School Assembly- 12:00pm Community Lunch- 1:00pm
Friday	27th September	Last Day of Term 3
Friday-Sunday	4th-6th October	Tarcutta Campdraft
Monday	14th October	Students Return

### OUR VISION

Humula Public School aims to provide a safe and varied learning environment that creates independent, confident and resilient individuals working towards academic success.

## SNOW SCHOOL

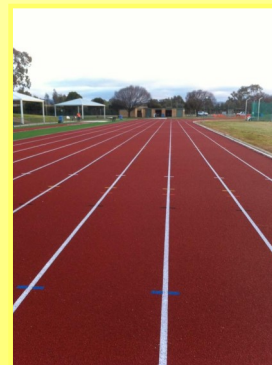
I am pleased to announce that the 15 Snow School participants all mastered the skills required to ski down the slopes of Mount Selwyn. Our final snow day was a lovely bluebird day and allowed us a free ski before our lesson. After our final two hour lesson for the season we then took to the slopes again in a large group. What a sight it was to see approximately 25 orange fluoro vest setting off together as a whole group, down the slopes. A big thank you to Bernie Davey for assisting with this year's snow school. We hope that she had as much fun as the children.

REMINDER: All ski gear needs to be returned so that it can be washed and stored away. Families are more than welcome to wash the ski gear that was borrowed before returning.



## RIVERINA ATHLETICS CARNIVAL

Congratulations to Tori-Lee, Nathan, Jayden and Evan on their great performance at the Riverina Athletics carnival last Friday. The Humula team received a late call up to this event when a Highlands small school withdrew from the competition. As Humula finished third at the Highlands Athletics carnival they were given the opportunity to experience a Riverina carnival. After much excitement at being given the chance and a lot of bush training, the team arrived at Les O'Brien Athletics Precinct in Albury. Replacing the grass that was our training track was a synthetic track which looked very slick. Not to be put off by the unknown, the team gave it their best shot and placed second in their heat. They ran a great time (a personal best for the team) and finished fifth overall for the smallest of our schools in the whole of the Riverina. Needless to say they were very proud of themselves and I was very proud of the way in which they conducted themselves.





## REEC

On Friday, Dany from Wagga Wagga Riverina Environmental Education Centre (REEC) came out to visit Humula. This time, we were hydrologists, investigating our water sources around the school.

We collected six sources of water: concrete tank, creek, our drinking water, chook water, plastic tank and frog pond.

We conducted five tests: ammonia (nitrogen), turbidity (water clarity), pH (acidity), salinity (salt) and phosphorous (a mineral that when there is too much, can speed up algae growth).

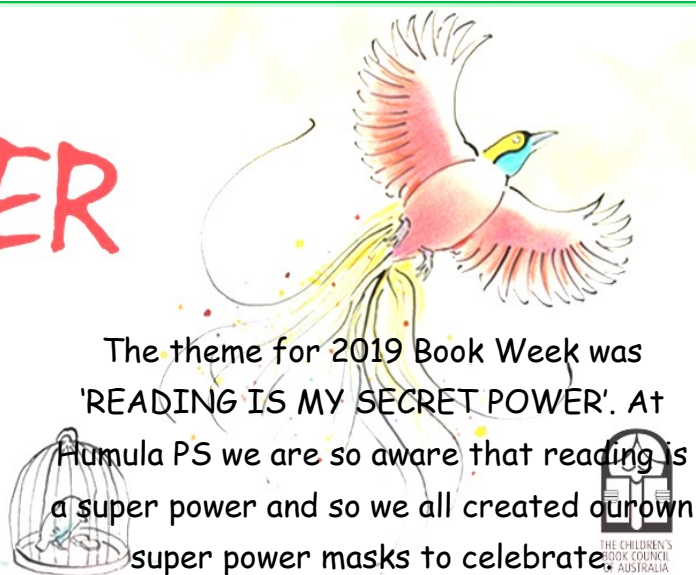
We found out that the plastic tank would most likely be better to drink from than our current filtered drinking water as there is less salinity. All the other tests between these two water sources were the same.

The chook water had a high turbidity reading which means it was very murky and it also had more ammonia than all our other water sources.

We will conduct all our water tests next term to compare them.



## Reading is my SECRET POWER



The theme for 2019 Book Week was 'READING IS MY SECRET POWER'. At Humula PS we are so aware that reading is a super power and so we all created our own super power masks to celebrate.

## SCHOLASTIC BOOK CLUB

It is fantastic to see our Book Club being utilised. Every order earns FREE books and learning resources for our school.

Have you registered for LOOP? When you order and pay by LOOP, do not fill in the order form or return anything to school. Your order will be electronically linked to the rest of your school's order. Visit [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP) or download the app.

Issue 6 now available!

### LITTLE KINDER

Layla and Pippa continue to enjoy their time at Little Kinder, becoming more confident with the routines. They are practising all sorts of skills including fine motor control, name writing, reading books and counting. Last week they practised writing their names in shaving cream - a bit messy but lots of fun.



### JUNIOR JACK ATTACK BOWLS

Our third term sports program continues this week with a change of pace. After four weeks of Snow School, this week we begin our four week program of the Junior Jack Attack Bowls program. Thanks to a grant from the Australian Sports Commission, we are lucky enough to have the expertise of a local bowler from Wagga Wagga travelling to Humula to provide us with professional coaching in this sport. This will be a new experience for us and we are looking forward to learning this new sport.

### KHANCOBAN SCHOOL CAMP

Our first camp for 2019 is almost upon us. At the end of week eight, we will all head off to Khancoban to join up with our ALPSS mates. Some of the activities that the children will experience are: Reptile Awareness workshop, Health talks, well-being activities, STEMShare, AFL and cricket workshops and first aid awareness activities. This will be a great opportunity for all children to join with their peers and celebrate all the great things that we have available to us.

**REMINDER:** All camp fees **MUST** be paid in full prior to the camp commencing.

Cost per student: \$30 for food and activities (must be paid in cash)

\$5 for bus travel

### CLAIM THE DATE

We will be celebrating a very busy term with our school assembly on Thursday 26 September. This will be followed by a community lunch. We would like to invite community members to join us for this celebration of education. It would be appreciated if anyone who would like to share in our community lunch could bring a plate to share. We hope to see you at this special event.



# The simplest way

... to use spring vegetables.

Fruit and vegetables are tastiest and cheapest when they are in season.

During Spring, mandarins, pineapples, berries, asparagus, cucumber, green beans, zucchini, mushrooms and peas are all in season.



Here are some fruit and veg filled, spring ideas:

- [Green frittata](#)
- [Fattoush salad](#)
- [Moroccan lentil salad](#)
- [Tofu Korma](#)
- [Zucchini and turmeric salmon patties](#)
- [Healthy banana split pots](#)
- [Yoghurt rice pudding](#)
- [Frozen fruit puree](#)

[healthylunchbox.com.au](http://healthylunchbox.com.au)

# The simplest way

... to make no bake cookies

**Prep time:** 10 mins  
**Cooking time:** 0 mins  
**Makes:** 12

## Ingredients

1 cup pitted dates  
½ cup raisins  
1 cup quick oats  
½ cup shredded coconut & ½ cup for rolling  
½ cup sunflower seeds



## Method

Place the dates, raisins, oats and ½ cup coconut into a food processor. Process until mixture lifts away from the edges of the bowl. Remove from the processor and mix through the sunflower seeds. Roll into a log and slice into 12 even pieces. Shape into cookies and roll in the remaining coconut.

For more recipes and ideas visit our [website](#).

[healthylunchbox.com.au](http://healthylunchbox.com.au)

# Community Noticeboard

## Return and Earn

We are still collecting drink containers.

Please remember crushed cans or broken bottles can not be recycled in this service. Recycle bin is located next to the school driveway.

## Next

Newsletter

17th September

Please have articles to school by Monday 9am

## Humula Rural Transfer Station

Open: Sunday 9am-12pm

Recycling - Free

General waste- \$13-\$26

(ute or single axle trailer 1.8m X 1.2m)

Please support our transfer station!

## Humula P&C

### **Christmas raffle Your support is needed:**

- **Fishing and camping gear**
- **Beauty products**
- **Health and wellbeing**
- **Kids toys**
- **Wine and chocolates**
- **Kitchen accessories**

**Please leave all items in the front office**



**The Mobile Library visits Humula on alternate Wednesdays.**

**Next visit:**

**11th Sept**

Apologies to all community residents for the station being closed last Sunday fortnight due to a miscommunication of opening hours. Station is now operating as per normal.

## Tarcutta Campdraft

4th-6th October 2019

Tarcutta Rec Grounds

Contact: Irene Hopkins

0427103530 or 0269227371

## POLICY STATEMENT

Humula Public School Newsletter seeks to serve the interests of Humula and the surrounding community by publishing the communities' news and views, while supporting local sport-ing, educational, recreational and charitable groups through publication of information relevant to their organisation. Excepting grammar and minor editing adjustments, articles in this newsletter are published as they were submitted. Sometimes articles will be condensed due to space constraints. The views and opinions expressed in this newsletter are not necessarily the views of the Principal or Staff of Humula Public School. Contributions for the Newsletter are welcome from all community organisations. We endeavour to put out a Newsletter each fortnight so please send or email items to the school by Monday of the Newsletter week and your item will be included. Advertisements for items for sale etc. are welcome for a donation.